

Get your UHIP card online

You need to show your UHIP card and carry a claim form every time you use health care services, so print yours today. Register online, print your card and carry it with you.

Step 1. Register online

- Visit mysunlife.ca and click register.
- Enter your date of birth as day/month/year.
- Select Canada as your country of residence and enter your postal code.
- Click on health/dental benefits.

Step 2. Enter your details.

- Your contract/policy number is 050150.
- Your member ID is QU0+ your student number (example: QU099999999). Your dependent's (if applicable) member ID would be DP0+ your student number (example: DP099999999).
- Click next.

Step 3. Get your registration code.

- Click on "need a registration code." If your email address is on file, a code will be emailed to you.
- Open the email from Sun Life containing your registration code.

Step 4. Print your UHIP card.

Watch this [video](#) to learn how to print your UHIP card.

- Return to mysunlife.ca.
- Enter your registration code and click next.
- Create a password and select a security question. Click next.
- Print your UHIP card.