Planning your trip to Kingston – International Travel Checklist

(International students who have not travelled yet and creating a 14 day quarantine plan)

The following checklist is used to help international students plan for international travel to Canada. This list contains broad considerations that is meant to strengthen travel plans.

The information is based on current Government of Canada information and may be subject to change with no notice.

Before Traveling to Canada

☐ I have a valid Study Permit, or have been approved before March 18, 2020, and entry Visa/eTA
  ➢ Or have been approved for Study Permit after March 18, 2020 and coming from US
☐ I have checked the border control information on the Government Canada for information on reasons for non-discretionary travel. You will need to provide an explanation to the CBSA Offer at the Port-of-Entry for the reasons why your travel to Canada is essential https://www.canada.ca/en/immigration-refugees-citizenship/services/coronavirus-covid19/students.html#exemptions
☐ My program has any in-person components that require you to be in Canada, and I have filled out and returned the Fall 2020 International Arrival Information Form
☐ I have a flight ticket purchased with flight and travel insurance
  ➢ You may wish to carry a copy of the exceptions listed on the Government of Canada website to demonstrate that you are able to travel to Canada
☐ I have packed extra hand sanitizers and non-medical masks and will keeps these in my carry on
☐ I have proof of University Health Insurance Plan (UHIP) coverage and have printed card my card https://quic.queensu.ca/uhip/
☐ I used the ArriveCan app 48 hours before arriving to Canada https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca/privacy
☐ I arranged my 14 day self-quarantine/isolation plan
  ➢ Have your quarantine plan ready to show at the Port-of-Entry. For details visit https://quic.queensu.ca/arrival-to-canada-fall-2020/

After Arriving to Canada

☐ Follow the Government of Canada’s instructions to “Go directly to your place of quarantine without delay and stay there for 14 days from the date you arrived in Canada.” https://www.canada.ca/en/public-health/services/publications/diseases-conditions/2019-novel-coronavirus-information-sheet.html
☐ Connect with QUIC for a wellness check-in
☐ Make a plan to test for COVID-19 as soon as possible. Testing must take place within five to seven days after your arrival.
  ➢ Look up the nearest Assessment Centre here https://covid-19.ontario.ca/assessment-centre-locations/
☐ Connect and engage online with the Queen’s community by attending a program or event with QUIC, SEO, Student Wellness, or joining a club. Ask us to learn more at quic@queensu.ca or visit https://quic.queensu.ca/events/ and https://quic.queensu.ca/work-and-volunteer/