



Graduate

International Student Immigration Plan



This planning workbook is designed to help international graduate students stay organized throughout graduate school. It brings together academic planning, research progress, career development, and immigration preparation in a simple year-by-year format adapted from the undergraduate template.

Register for the plan to stay in touch with an international student advisor, recieve reminders and stay on track.

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Important Details

Name:
Student ID:
Program:
Email:
Supervisor:

Immigration Information

Passport Expiry:
Study Permit Expiry:
Via or eTA expiry:
UHIP or other health coverage details

Support Team:

· International student advisor
· Supervisor or academic advisor
· Graduate program coordinator
· Career Services
· Wellness and academic supports

Program length note:

Master's programs may be 1 or 2 years, while PhD programs often span 4 to 5 or more years. The planning sections below are written to work across both timelines and can be adapted to your department's milestones.

How to adapt for longer programs:

For any extra years beyond the core timeline, keep the same pattern each year: set one academic/research goal, one professional goal, one immigration goal, track key dates, meet with your supervisor and international student advisor, and update your completion timeline each term.

Year One



This year is about:

Combine all 4 years into 1 intensive year: settle, progress, prepare, complete.

My goals this year

- Academic or Research Goal:

- Work or Career Goal:

- Immigration Goal:

My checklist

- Review immigration docs; apply SIN; full-time enrollment. ☐
- Meet supervisor for milestones; build research/coursework plan. ☐
- Gain experience: assistantships, networking, CV update. ☐
- Confirm PGWP eligibility; attend workshops. ☐
- Complete requirements; submit PGWP on completion letter. ☐
- Job search/networking. ☐
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Important dates to track



Permit expiry:

Milestones:

PGWP target:

Appointments to book

- International student advisor
- Academic advisor
- Career Services
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Make an appointment with a QUIC Advisor

My top next steps

Notes



Additional Resources

Academic Advisors:

Name:

Email:

Faculty Support:

Student Wellness Services

Cros Cultural Counsellor available

Contact Student Wellness at:

613-533-2506

- UHIP questions:

  uhip@queensu.ca

Academic Support:

- Student Accessibility Services
- Student Academic Success Services
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Community Building:

- SGPS
- Student Clubs
- Ban Righ Centre
- Yellow House
- QUIC

Community Resources

- ISKA
- Dress for Success
- Well Suited
- Community Ethnocultural Groups
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Other:

- Off campus living advisor
- Career Services
- SGPSA
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I'M DONE
SUBJECT - BPP13