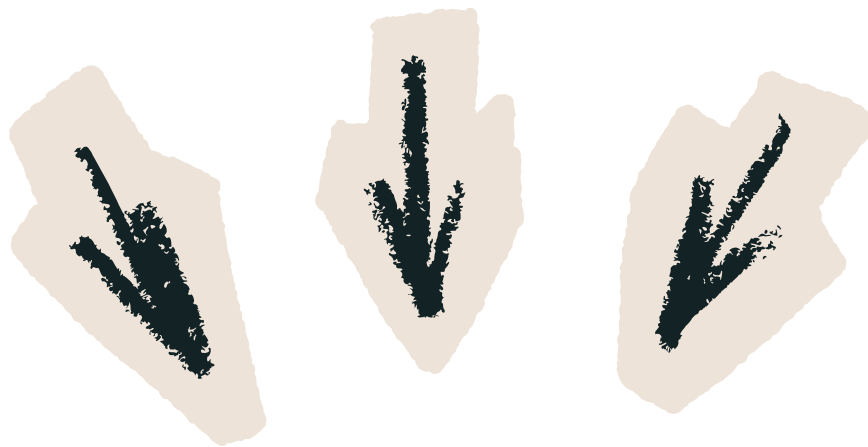




***Graduate (PhD)***

# **International Student Immigration Plan**





**This planning workbook is designed to help international Master's and PhD students stay organized throughout graduate school. It brings together academic planning, research progress, career development, and immigration preparation in a simple year-by-year format adapted from the undergraduate template.**

## Important Details

Name:

Student ID:

Program:

Email:

Supervisor:

## Support Team:

- International student advisor
- Supervisor or academic advisor
- Graduate program coordinator
- Career Services
- Wellness and academic supports

## Immigration Information

Passport Expiry:

Study Permit Expiry:

Via or eTA expiry:

UHIP or other health coverage details

*What support do I need to make my transition successful?*



# Year **One** - Settle in and Build your Foundation

## **This year is about**

*Getting settled in Canada, understanding your immigration responsibilities, starting strong in your program, and building a clear research or coursework plan.*



## **My goals this year**

- Academic or Research Goal:
  
- Work or Career Goal:
  
- Immigration Goal:

## **My checklist**

- Review my passport, study permit, visa or eTA, and other travel or immigration documents with an international student advisor.
- Apply for a Social Insurance Number (SIN) if eligible.
- Set up a bank account and phone plan.
- Confirm my course registration or research milestones with my graduate program.
- Meet with my supervisor, graduate chair, or academic advisor to map out my degree or thesis timeline.
- Learn the rules for working during my studies, including any limits or restrictions that apply to my status.
- Use campus supports such as student wellness, writing support, teaching support, and career services.
-

## Important dates to track

Orientation deadlines:

Study permit expiry:

Visa or eTA expiry:

First advisor meeting:

Research or course milestone dates:



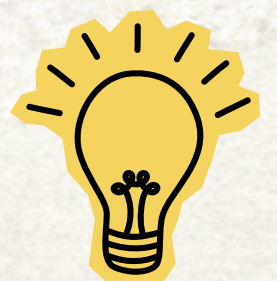
**Make an appointment  
with a QUIC Advisor**

## Appointments to book

- International student advisor
- Academic advisor
- Graduate program coordinator
- Career Services
- Student Wellness Services
- 

### My top next steps

**Notes**



# Year **Two**- Build Progress and Experience

## **This year is about**

*Maintaining strong academic standing while making steady progress on research and professional development.*



## **My goals this year**

- Academic or Research Goal:
  
- Work or Career Goal:
  
- Immigration Goal:

## **My checklist**

- Stay enrolled full-time if required by my program and immigration status.
- Meet regularly with my supervisor or thesis committee to stay on track.
- Attend workshops, conferences, or seminars that build my research and professional skills.
- Look for teaching assistant, research assistant, internship, co-op, or related experience opportunities if appropriate.
- Update my CV, LinkedIn profile, and research profile or portfolio.
-

## Important dates to track

Progress review date:

Conference or workshop dates:

Funding or assistantship deadlines:

Immigration document review date:



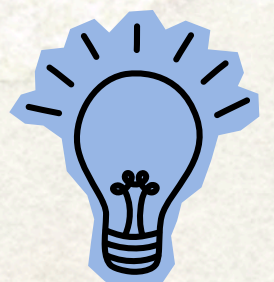
## Appointments to book

- Supervisor
- Graduate program advisor
- Career Services
- International student advisor
- 

**Make an appointment  
with a QUIC Advisor**

## My top next steps

## Notes



# Year **Three** - Prepare for Completion

## **This year is about**

*Confirming my remaining degree requirements, strengthening my experience, and starting preparation for post-graduation work options.*



## **My goals this year**

- Academic or Research Goal:
  
- Work or Career Goal:
  
- Immigration Goal:

## **My checklist**

- Confirm my thesis, dissertation, capstone, or final course requirements.
- Meet with my supervisor and graduate program advisor to review my completion timeline.
- Attend information sessions about post-graduation work permits and other immigration pathways.
- Keep building research output, networking, publications, presentations, or relevant work experience.
- Gather documents I may need after graduation, such as completion letters, transcripts, and proof of enrolment history.
-

## Important dates to track

Degree progress review:

Final defense or project dates:

PGWP workshop dates:

Document collection deadline:



## Appointments to book

- Supervisor
- Graduate program advisor
- International student advisor
- Career Services
- 



**Make an appointment  
with a QUIC Advisor**

## My top next steps

## Notes



# Year **Four** - Finish Strong and Transition

## This year is about

*Completing my degree requirements, confirming graduation documentation, and preparing for the transition from school to work.*



## My goals this year

- Academic or Research Goal:
  
- Work or Career Goal:
  
- Immigration Goal:

## My checklist

- Complete my final requirements on time while maintaining the status required by my program.
- Confirm graduation requirements with my supervisor or graduate advisor.
- Meet with an international student advisor for post-graduation work permit preparation support.
- Prepare my application materials and submit my post-graduation work permit application as soon as I receive official written confirmation of program completion, if eligible.
- Continue networking, applying for jobs, and preparing for interviews or next-step applications.

## Important dates to track

Final submission deadlines:

Completion document date:

PGWP target date:

Job application deadlines:



## Appointments to book

- Supervisor
- Graduate program advisor
- International student advisor
- Career Services
- 



**Make an appointment  
with a QUIC Advisor**

### My top next steps

Notes





# Additional Notes



# Additional Notes

## Academic Advisors:

Name:

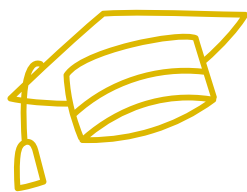
Email:



## Faculty Support:

### Academic Support:

- Student Accessibility Services
- Student Academic Success Services
- 



## Community Resources

- ISKA
- Dress for Success
- Well Suited
- Community Ethnocultural Groups
- 
- 

## Student Wellness Services

Cross Cultural Counsellor available

### Contact Student Wellness at:

613-533-2506

- UHIP questions:  
uhip@queensu.ca



## Community Building:

- SGPS
- Student Clubs
- Ban Righ Centre
- Yellow House
- QUIC



## Other:

- Off Campus Living Advisor
- Career Services
- SGPSA
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